



**PUBLIC ANNOUNCEMENT MAY 31, 2021**  
**LABRADOR WELLNESS CENTRE SUBSTANTIAL COMPLETION ISSUED**

Substantial completion of the Town of Happy Valley-Goose Bay's Labrador Wellness Centre, to be known as the Central Labrador YMCA, has been issued. The Town has handed the keys to the YMCA of Newfoundland and Labrador but will provide assistance on commissioning and training to ensure all systems are functioning as designed and that any deficiencies are corrected. Over the next several weeks the YMCA will work through the process of furnishing and equipping the building, hiring and training staff, and getting all the required licenses and insurance in place.

Once open, in addition to community members, we will be ready to serve groups such as the Mantas Swim Team, the Judo Club, the Gymnastics Club with the Aquatics Centre and purpose-built spaces. Using the community feedback we received from our survey, we will continue to work throughout the summer to organize program schedules for the fall. In accordance with Newfoundland and Labrador Public Health Guidelines, there will be COVID-19 compliance measures and limited capacities in effect when the new Central Labrador YMCA opens.

Central Labrador YMCA General Manager, Carolyn Tyner, is on-site working to accept deliveries of equipment and supplies, preparing the spaces for activities, and preparing to hire her team.

Here's what's happening:

- Some recreation equipment (such as volleyball and badminton) has arrived
- Toys for Child Minding have been ordered as well as an inflatable bouncer for use in our indoor playground and birthday party rentals
- The climbing wall installation is delayed but we're hopeful it won't be for long
- The pools are being filled, tested, drained, and cleaned in preparation for the final fill up before licensing inspection and staff hiring and training
- The regulated child care centre continues to be prepared for a tentative fall opening
- The turf area and rubberized flooring has been installed; equipment for the Family Wellness Centre has arrived, is being tested, and set-up. Items include:
  - a variety of sectorized equipment (tricep/bicep dip, rear delt pec fly, chest/shoulder press, diverging seated row, lat pull down, leg curl / press / extension)
  - cardio equipment (treadmills, ellipticals, climbmills, bikes)
  - Concept 2 RowErg
  - adaptive equipment and functional trainers
  - multi half racks / free weights / benches

We remain hopeful for an opening before the summer; however, COVID-19 guidelines and supply restrictions may impact the timeline. Stay tuned for details on how you can join the YMCA and become a member, register for child care or day camp, or attend employment, enterprise, and newcomer programs.

**YMCA General Info:**

**Strengthening Our Communities Campaign Info:**

**Job Opportunities – Central Labrador YMCA:**

[www.ymcanl.com](http://www.ymcanl.com)

[www.strengtheningourcommunities.ca](http://www.strengtheningourcommunities.ca)

<https://ymcanl.com/careers/>